

## Contents

|  |     |
|--|-----|
| [Original Paper]   |     |
| Analysis of the death structure of Aomori Prefecture by life table<br>Koichi Takemori .....  | 1   |
| Empowerment of carers and the role of health professionals<br>A case study of the approach of visiting nurses<br>Naoko Hiromori .....  | 7   |
| The Formation of Social Welfare Planning At The Community Level and Functional Community Welfare<br>Takeshi Owada .....  | 17  |
| A study on bone mass and lifestyles in women's college students<br>Hiroyuki Akimoto and Toshitada Yoshioka .....   | 25  |
| Development of an effective educational model to help to decrease salt intake for the primary prevention of hypertension<br>Part 1 The analysis of the learning process through the TYA method<br>Yutaka Asada, et al .....  | 35  |
| Development of an effective educational model to help to decrease salt intake for the primary prevention of hypertension<br>Part2 The analysis of the effect of the education program<br>Koichi Takemori, et al .....  | 45  |
| Examination of the Japanese version of the Family Dynamics Measure II in Families with Children.<br>Yumiko Nakamura .....  | 53  |
| Diffusion of Innovative Practice in Nursing (Part1)<br>— Identification of Factors to Influence on Diffusion —<br>Chizuko Sakae, et al .....   | 63  |
| Diffusion of Innovative Practice in Nursing (Part2)<br>— An Analysis about Diffusion Factors —<br>Mayumi Sato, et al .....   | 69  |
| Theme extraction of tubercular group infection<br>Noriko Yamada .....  | 75  |
| Relationship between self-worth and therapeutic behaviors in diabetics.<br>Mikiko Izawa and Keiko Nakamura .....   | 85  |
| Attempts at Applying Group Dynamics to Empowerment of Family Caregivers of Stay-at-Home Elderly Persons with Dementia (1)<br>Influence that the development of the group "The Association of Families Who Care for Elderly Persons with Dementia" has had on caregivers<br>Toshiko Tsuyuki ..... | 95  |
| Discussion of students achievement level<br>Masaaki Sato .....   | 103 |
| [Notes]  |     |
| A pilot study : a report on disabled persons and their families at home in Pusan, Korea<br>Hideo Ito, et al .....  | 111 |
| [Reports]  |     |
| Tuberculosis Control in Sri Lanka:<br>Present situation and issues that have to be tackled in the near future<br>Noriko Yamada .....   | 119 |
| [Articles]   |     |
| The communication activities of active senior citizens under "Gold Plan 21"<br>Kie Kawauchi .....  | 131 |
| [Events and Meetings]  |     |
| The 1st Academic Meeting of Aomori University of Health and Welfare .....  | 137 |
| Reports of short-term overseas studies .....   | 167 |
| The 17th Meeting of Japanese Association of Historical Studies of Nursing .....  | 170 |
| International Association of Health-Communication Sciences 3rd Convention .....  | 173 |
| Tohoku Space Life Science Symposium .....  | 176 |
| A Postscript by the Editor .....   | 177 |
| Toshitada Yoshioka .....   |     |
| Instruction to Authors .....   | 178 |